



RECREATION DEPARTMENT

The Heart of the Neighborhood

270 F Street • (619) 691-5086



ALTERNATIVE MEDICINE

AN APPROACH TO HEALTH & WELLNESS

MONDAY, SEPTEMBER 25
10 - 11 AM

A LOCAL **SCRIPPS HEALTH CARE PROVIDER** WILL
DISCUSS HOW ALTERNATIVE MEDICINE TREATMENTS
MAY COMPLIMENT TRADITIONAL THERAPIES.

REFRESHMENTS SERVED



THE PROGRAM IS SUPPORTED BY A GRANT FROM
SCRIPPS HEALTH